

NUTRITIONAL DATA (BASED ON 100 g SERVING)

	Amount	% Daily Value
Calories	75	--
Fat	0.77 g	1%
Saturated Fat	0.15 g	1%
Trans Fat	0g	--
Carbohydrate	0g	--
Fibre	0g	0%
Sugars	0g	0%
Protein	16 g	--
Cholesterol	75 mg	25%
Sodium	52 mg	2%
Potassium	223 mg	6%
Calcium	65 mg	6%
Iron	0.70 mg	4%

NOTE: These figures are representative only of the specific samples tested on product in the frozen state. Other lots of actual product may vary somewhat. Percent Daily Values are based on a 2,000 calorie diet.